MUSIC THERAPY MASTERMIND

Go beyond the "How" and explore the "Why"

Exploring the Ethics of Clinical Competency

Music Therapists are trained clinicians, but may not always be aware of the boundaries of their competency, or how to become more competent in their clinical work. This can quickly become an ethical issue, if they are attempting to utilize a technique or skill that is outside of their circle of competency. Enter Music Therapy Mastermind: Exploring the Ethics of Clinical Competency! Within this course, we will dive into the terminology and definitions of competency, to help the participant reframe and assess where their current competency is, where they want it to be, and how to get it there.

Each mastermind group will have a clear, definite purpose and a facilitator to keep the group on track. Each group meets for an hour every week for 3 weeks with a specific focus as outlined in the course schedule. Group members will be accountable for their own learning, questioning, and development, with continued support from all mastermind members.

Prerequisites

Participants must be a board-certified music therapist, or other expressive arts therapist.
Participants must also have access to the internet in order to participate.

Board Certification Domains

1. Participate in continuing education. (BCD V. A. 3.)
2. Maintain professional boundaries to ensure competent and ethical music therapy practice. (BCD V. B. 10.)
3. Assess areas for professional growth, prioritize, and establish a plan of action. (BCD V. A. 1.)

Instructor/Group Facilitator

Abi Christian, MT-BC graduated Magna Cum Laude from Utah State University with a Bachelor's of Science degree in Music Therapy. She completed her clinical training at Earthtones Northwest in Portland, Oregon where she worked in a variety of settings including memory care, assisted living, children's hospitals, adult day cares, and mental health. As a working professional, Abi has received training on Dialectical Behavior Therapy and trauma work, and

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has worked as a music therapist in residential treatment centers for adolescents. She has absolutely loved witnessing the growth and strength of the clients she worked with. Abi is currently the Continuing Education Director and Program Developer for Music Therapy Mastermind, and a Staff Music Therapist for Harmony Music Therapy.

Course Objectives

1. **Terminology**
   The participant will understand the Stages of Competence, the Levels of Competence, and the Circle of Competence.
2. **Assessment**
   The participant will identify their own personal strengths and challenges in their clinical work, and understand the boundaries of their current level of competency.
3. **Planning**
   The participant will create a step-by-step plan in order to reach higher levels of competency.

Course Schedule

This course will meet online over Zoom for one hour, every week, for four weeks

Week 1: Orientation and Group Introductions
+40 minutes application, homework, & reflection
Week 2: Stages of Competence & Levels of Competency
+40 minutes application, homework, & reflection
Week 3: Your Circle of Competency & Strengths
+40 minutes application, homework, & reflection
Week 4: Next Steps to Achieve Higher Levels of Competency

Participants will be required to complete 40 minutes of homework between each weekly session, totalling 2 additional hours beyond the virtual meetings. This homework will consist of 10 minutes of application, 20 minutes of reading/research, and 10 minutes of reflection and sharing with group members.

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Cost: $150 for 7 CMTE credits

Price includes:

- 3 one-hour mastermind group meetings over 3 months
- Online coursework to support mastermind subjects
- Support from group facilitator and group members between calls to help with research, questions, and group accountability

Cancellation and Refund Policy

If you are not 100% satisfied with your mastermind program after 21 days, then we will gladly refund your money after a short exit interview, or find another mastermind group that might better meet your needs. Refund requests must be accompanied by a thorough explanation and completed course homework from the first 21 days. Refunds are granted or denied on a case-by-case basis. No refunds are given after 21 days of the first scheduled mastermind group. Partial CMTE's cannot be granted for the missed opportunity.

Cancellations prior to the first group call must be requested in writing to info@harmonymusictherapy.com, along with an explanation of the cancellation. Any cancellations prior to the first group will be charged a $30 convenience fee.

Exploring the Ethics of Clinical Competency is approved by the Certification Board for Music Therapists (CBMT) for 7 credits. Music Therapy Mastermind, LLC [P-195] maintains responsibility for program quality and adherence to CBMT policies and criteria.

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